

# piminawaso



Written by  
**Connie Twin and Tanya Fontaine**



# Acknowledgement

The inspiration for this book originated when the authors attended the late Emily Hunter's nîhiyawîwin (Cree language) class in 1989. Traditionally, reading and writing Cree was uncommon, as the language was primarily transmitted orally. Over time, however, the use of nîhiyawîwin has decreased significantly. Given the fundamental connection between language and identity, the decline of nîhiyawîwin is a matter of serious concern. Incorporating nîhiyawasinahikîwin (written Cree) provides an additional way to engage with the language and ensure its preservation for future generations. May this book serve as a bridge connecting generations, honoring those who came before us and empowering those yet to come to carry nîhiyawîwin proudly into the future.

mistahi ninanâskomonân

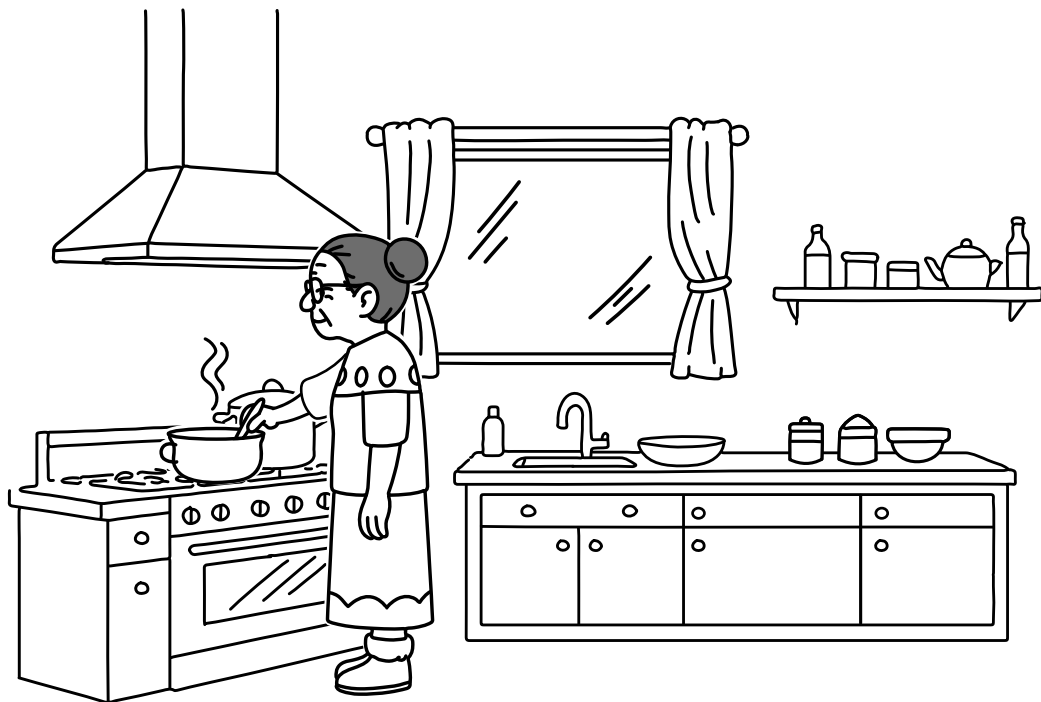
**Connie and Tanya**



Funded by the  
Government  
of Canada

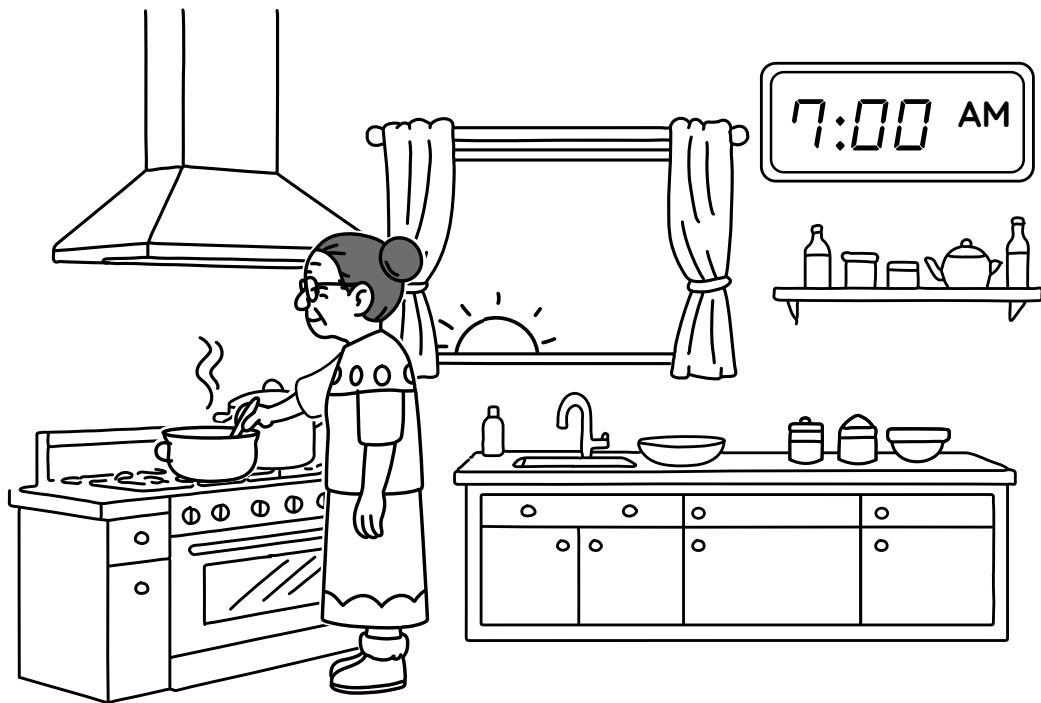
Canada

Copyright © 2025 Connie Twin and Tanya Fontaine



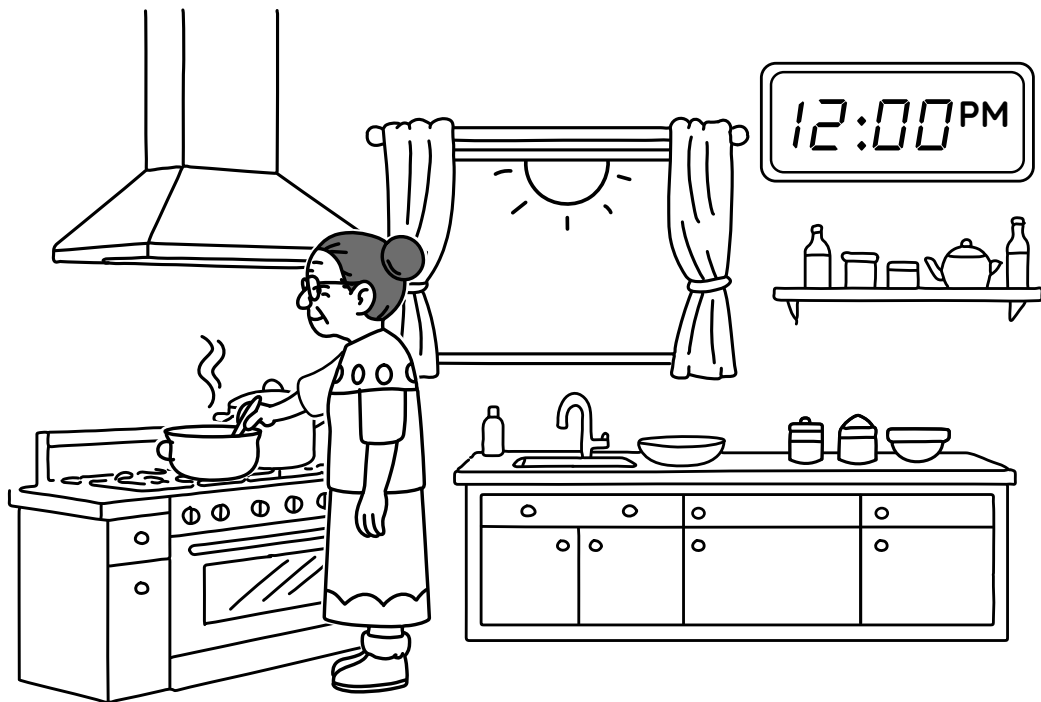
piminawaso





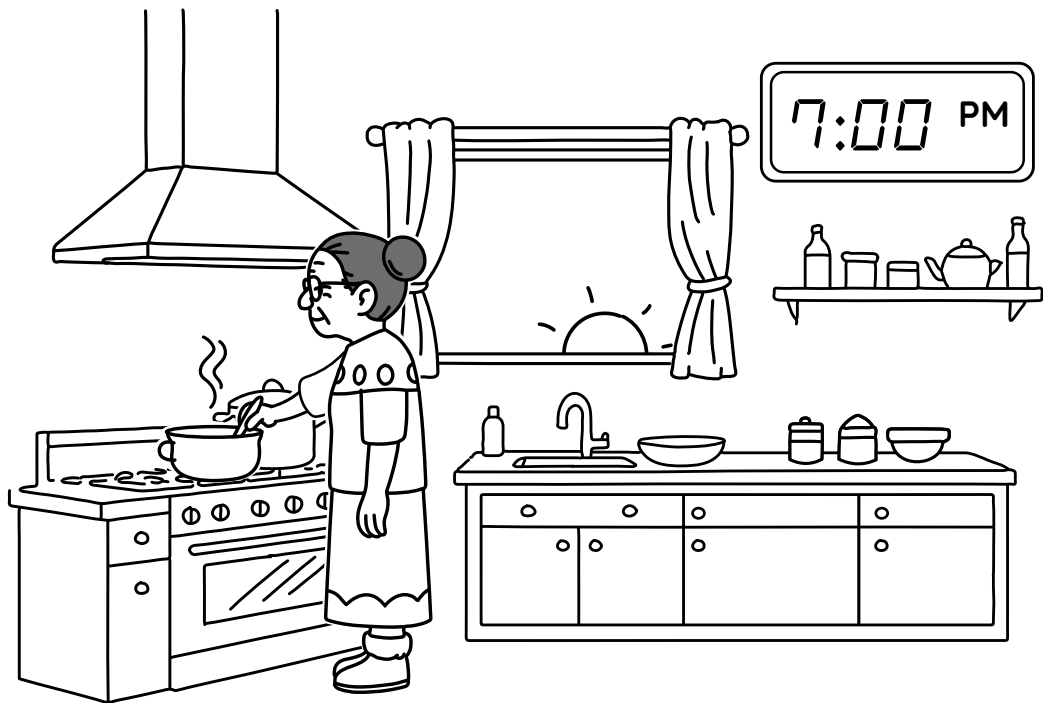
piminawaso kîkisîpâ.





piminawaso âpihtâkîsikâki.



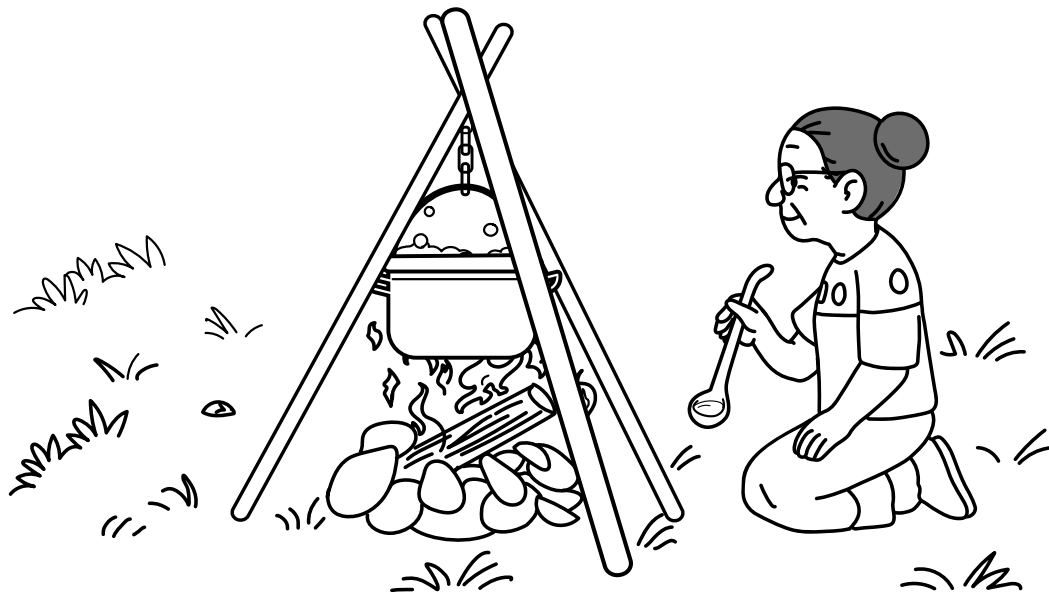


piminawaso otâkosiki.





piminawaso wayawîtimihk.



piminawaso sakâhk.



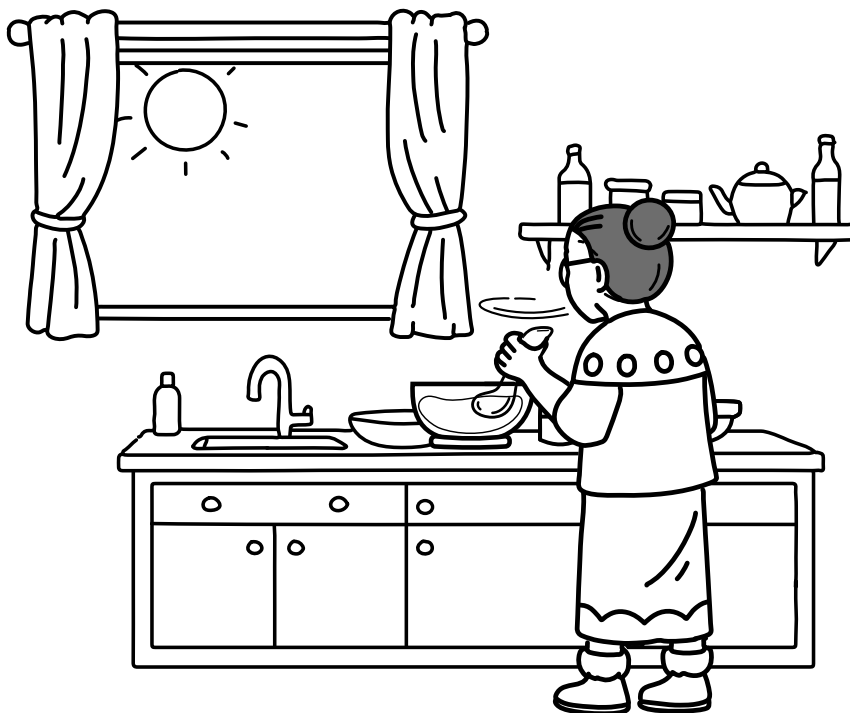


piminawaso  
kotawânâpiskohk.





piminawaso kotawânihk.



piminawaso  
piminawasowikamikohk.



kahkiyaw kakîsponaw.



# Glossary



## piminawaso

### Cook

**piminawaso kīkisīpā.**

Cook in the morning.

**piminawaso āpihtākīsikāki.**

Cook at noon.

**piminawaso otākosiki.**

Cook in the evening.

**piminawaso wayawītimihk.**

Cook outside.

**piminawaso sakāhk.**

Cook in the bush.

**piminawaso kotawānāpiskohk.**

Cook on a stove.

**piminawaso kotawānihk.**

Cook on open fire pit.

**piminawaso**

**piminawasowikamikohk.**

Cook in the kitchen.

**kahkiyaw kakīspanaw.**

We will all be full.







nîhiyawî

